



Supporting Student Well-Being for Immunization Day

Free Grade 9 Lesson:

How to Handle Your Vaccines Like a Champ

A positive experience at the school vaccination clinic can support student well-being and help them feel more prepared and confident.

Kids Helping Kids



By doing the lesson and passing the quiz, students earn vaccines for children in other countries.

[How to Handle Your Vaccines Like a Champ](#) is a free, ready-to-use lesson from Kids Boost Immunity (KBI) for Grade 9 classrooms. It helps students understand what to expect, normalize feelings like nervousness, and practice calming strategies they can use anywhere.

The lesson can be taught by teachers, student nurses, or public health nurses, and includes:

- ✓ Age-appropriate lesson plan
- ✓ Easy-to-use PowerPoint
- ✓ Engaging videos and interactive resources for students
- ✓ End-of-lesson quiz to reinforce learning

Access all these materials and more at: kidsboostimmunity.com/toolkit

To get started, sign up at kidsboostimmunity.com to teach the lesson prior to the school clinic. Or connect with your public health nurse to arrange a teaching session.