

# Helping students be less anxious about vaccines



**Do your students have questions about vaccines?**

**Are your students anxious about getting vaccinated?**

**We have a lesson to help students!**



## Kids Helping Kids



By doing the lesson and passing the quiz, students earn vaccines for children in other countries.

The **How to Handle Your Shots Like a Champ** lesson helps students learn accurate information about vaccines and strategies to make vaccination day easier. There is a **lesson plan** for teachers.

To do the lesson:

- Sign up at [kidsboostimmunity.com](http://kidsboostimmunity.com).
- Create a team for your students to join.
- Select “CHAMP” as your team’s grade.

By taking the lesson, students:

- ✓ Learn about vaccines, including the HPV vaccine.
- ✓ Learn strategies to cope with anxiety around vaccination day and needle fears.
- ✓ Earn vaccines for kids in other countries through a partnership with UNICEF Canada.

**It is important to do the lesson and quiz before vaccination day - the best time is when the vaccine consent forms go home.**

**Questions?**  
 Email us at [champ@kidsboostimmunity.com](mailto:champ@kidsboostimmunity.com)

**Help us evaluate this lesson!**

Complete a short survey after vaccination day and receive a **\$100 gift card for your classroom**. Space is limited. Email us at [champ@kidsboostimmunity.com](mailto:champ@kidsboostimmunity.com) to find out more.



Public Health Agency of Canada

Agence de la santé publique du Canada



BRITISH COLUMBIA



BC Centre for Disease Control  
 Provincial Health Services Authority



Kids Boost Immunity is a national education and advocacy initiative administered through the Public Health Association of British Columbia, with financial support from the BC Ministry of Health and the Public Health Agency of Canada. The program is coordinated through the British Columbia Centre for Disease Control.

Kids Boost Immunity relies on other funders and partners to help purchase UNICEF vaccines earned by students.

08/22