

## Champ Checklist & Guide

KBI has a lesson called “How To Handle Your Shots Like a Champ” that teaches students strategies to reduce anxiety and have a positive vaccination experience. It also teaches students about vaccines, specifically the HPV vaccine they receive in grade 6. This lesson and the accompanying quiz are meant to be done BEFORE VACCINATION DAY. There is also a follow-up lesson and quiz for students to do RIGHT AFTER VACCINATION DAY that will help KBI evaluate whether or not this lesson is helping students. **It is important that your students DOT NOT do the follow-up lesson and quiz until after the vaccination clinic.** There is also a teacher feedback survey.

Here is a checklist to help busy teachers keep track of doing the lessons and quizzes with students and the teacher survey. There is also a step-by-step guide. We suggest you download this pdf and save it. You might also want to print it.

### Champ Checklist

- Have computers/devices for dates needed
- Have a KBI teacher account
- Have made a Champ team/class
- Students have signed up to join your Champ team/class (this team is only for these two lessons).
- Have looked at the lessons and lesson plan, printed any worksheets, etc.
- BEFORE vaccination day - done lesson
- AFTER vaccination day - done follow-up lesson
- DONE online survey (to receive a \$100 e-gift card for school supplies)

### Champ Step-by-Step Guide

**Step 1:** Ensure you have **access to computers or personal devices/chrome books** for your class for the dates needed. You may need to book the specific dates as follows:

- The first lesson date will be within the week before vaccination day.
- The follow-up lesson date will be directly after the school vaccination clinic (same day or next day if possible).

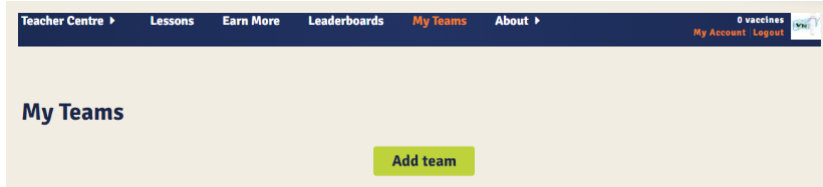
**Step 2:** You will need a **KBI teacher account**. If you don't have one, you can sign up [here](#); this takes 1-2 minutes to complete.



The screenshot shows the KBI website's login interface. At the top, there is a navigation bar with links for 'How It Works', 'Example Lessons', 'Teacher Centre', 'Not in Canada?', and 'About'. On the right side of the navigation bar are 'LOGIN' and 'SIGN UP' buttons. Below the navigation bar, there are three links: 'Create new account', 'Log in', and 'Reset Password (For Teachers Only)'. The main content area has a heading 'I am a...' followed by three radio button options: 'student', 'teacher/student teacher' (which is selected), and 'homeschool teacher'.

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**Step 3:** Create a new team for your class. In order for students to use Kids Boost Immunity, teachers must create a team. To do this, go to [“My Teams”](#) and click on the “Add Team” button.



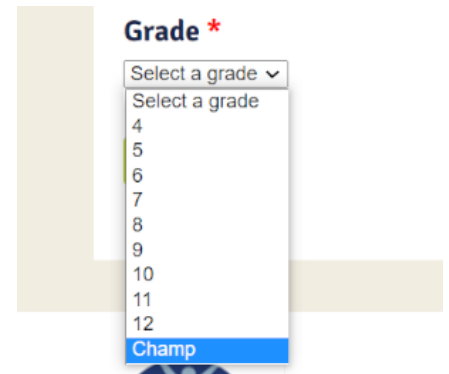
For this lesson, you must select “Champ,” NOT “Grade 6.” Please refer to the user guide for [Creating a Team / Class](#) for more details on creating your team.

Select the Grade called **Champ**, as shown here.

Please make sure to do this.

**Thank you!!**

Click Save



**Step 4:** Get students to join your team/class [here](#).

Here is a 1-page easy to follow [student sign-up help guide](#). There is an Intro Quiz to familiarize students with the site. You might want to do that before the day of the lesson.

If you require one-on-one support with creating a team or getting students to join your team, please email [champ@kidsboostimmunity.com](mailto:champ@kidsboostimmunity.com), and a KBI team member can help you get this set up within a few minutes.

**Step 5:** Review the first lesson, [“How To Handle Your Shots Like a Champ,”](#) and the accompanying [lesson plan](#). All printable worksheets, activities, and answer guides are provided.

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**Step 6a:** Do the “[How To Handle Your Shots Like a Champ](#)” lesson with your students before vaccination day. The best time is during the week before vaccination day. The lesson also includes a quiz for students. Each quiz with a score of 80% or higher earns a vaccine for a child in another country. The learning module starts with the usual Trivia Quiz that KBI uses as a pre-test.

**Step 6b:** Lead the students through the lesson and quiz. This is to make sure they go through and understand all of the information. The support materials in the [lesson plan](#) have printable versions of the lessons’ interactive games for students to do individually.

**Step 6c:** Have the students do the quiz on their own. Students can do the quiz on their own to earn a vaccine for a child in another country.

**Step 7:** Have students do a 10-minute follow-up lesson/quiz right after they get back from getting their shots or the following day. This lesson is called “[How To Handle Your Shots Like a Champ Follow-up](#).” Students will review information they learned in the first lesson and answer quiz questions about vaccines and their experience at the clinic. This will give KBI a sense of whether the initial lesson helped and where the lesson can be improved.

**Step 8:** Provide teacher feedback after vaccination day via a short 15-minute Google survey. This survey will be emailed to you on or shortly after vaccination day, and we ask that you please complete it within a few days. You will receive a \$100 gift card for school supplies for completing the survey. The e-gift card will be emailed to you within a week of completing the survey.

### Information letter (optional)

Some teachers like to communicate with parents about using Kids Boost Immunity. Here is a [link](#) to a general parent information letter to use/adapt if you would like.